Information for Schools & Early Years Settings

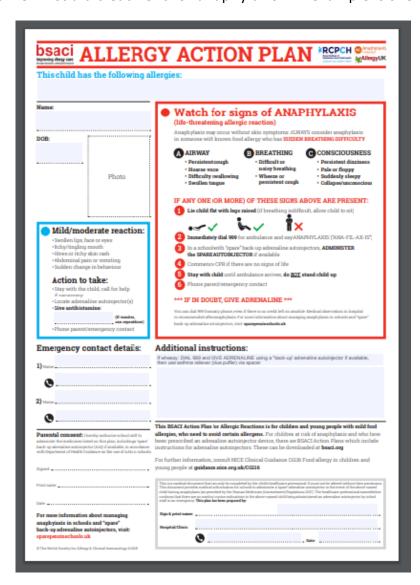
Allergy Action Plans



Every child with an allergy should have an Allergy Action Plan in school/early years childcare. Research has shown that the risks from allergy are reduced when a written care plan is followed.

The plan should identify the child and their allergies and will help you to recognise when an allergic reaction has started. It also provides information on which treatment the child requires and shows you how to administer an adrenaline auto-injector (JEXT/EpiPen) if needed.

These plans have been designed to facilitate people without any special medical training or equipment to deliver first aid treatment for anaphylaxis. An example is shown below:



The plans are medical documents and should be completed by a health professional. A copy of the plan should be kept in the school/nursery, alongside the child's prescribed emergency medication. It is important that the plan is reviewed once a year.

Allergy Action Plans from The British Society for Allergy and Clinical Immunology (BSACI) can be found here:

https://www.bsaci.org/professional-resources/resources/paediatric-allergy-action-plans/