

Information for Patients & Families

Allergy Web Links & Information



Some useful websites:

Anaphylaxis Information:

Beat Anaphylaxis

Anaphylaxis Campaign

Epipen

Jext

www.beatanaphylaxis.co.uk

www.anaphylaxis.org.uk

www.epipen.co.uk

www.jext.co.uk

General Allergy:

Allergy UK

British Society of Allergy and Clinical Immunology

European Academy of Allergy and Clinical Immunology

American Academy of Asthma Allergy and Immunology

Action Against Allergy

www.allergyuk.org

www.bsaci.org

www.eaaci.net

www.aaaai.org

www.actionagainstallergy.co.uk

Asthma:

Beat Asthma

Asthma UK

British Lung Foundation

www.beatasthma.co.uk

www.asthma.org.uk

www.lunguk.org

Eczema:

The National Eczema Society

British Skin Foundation

www.eczema.org

www.britishskinfoundation.org.uk

Emergency Identification:

Medic Alert

Bands / Jewellery:

www.medicalert.org.uk

www.sostalisman.co.uk

www.yellowcross.co.uk

www.allergylifestyle.com

Carry Bags for foods and medications:

www.yellowcross.co.uk

www.kidsaware.co.uk

www.friouk.com

Guidance for schools:

www.medicalconditionsatschool.org.uk

Anaphylaxis Campaign's training programme for parents & carers:

<https://www.anaphylaxis.org.uk/information-training/allergywise-training/for-parents-and-carers-of-severely-allergic-children/>

- www.beatanaphylaxis.co.uk -

Document adapted with permission of GNCH Allergy Team.

Eating Out / Hotels:

www.allergyfreepassport.com

The logo for 'beat anaphylaxis' is a red circle with the text 'beat' in white and 'anaphylaxis' in white below it.

Translation Cards:

<http://www.food-info.net/allergy.htm>
www.dietarycard.co.uk

Allergy Alert Services:

www.alert4allergy.org
www.anaphylaxis.org.uk
www.food.gov.uk (Food Standards Agency)

Allergy-Free Food Suppliers:

Goodness Direct
Plamil Foods
Granovita

www.goodnessdirect.co.uk
www.plamilfoods.co.uk
www.granovita.co.uk

Recipe Websites

www.allergycooks.co.uk
www.foodsmatter.com
www.parsleysoup.co.uk
www.coeliac.org.uk
<https://realfood.tesco.com/recipes/special-diets/gluten-free-recipes.html>
<https://realfood.tesco.com/recipes/special-diets/dairy-free-recipes.html>

This list is constantly changing—if you know of any changes then please let us know via email nuth.beatanaphylaxis@nhs.net